Plastic Morning

I stumble to the bathroom, unseeing unthinking
Toothpaste onto a plastic brush from a plastic tube
Soap, ah yes, it is wrapped in shiny paper
But my floss is housed in a sanitized plastic cube

Refreshing water clears my weary eyes
I look around the room at all that would be mine
Of lotions, creams and ointments standing there
An everlasting and unruly plastic line

Downstairs my coffee will revive
A jar wrapped in plastic film with plastic top
Juice in plastic bottle, fruit in plastic carton
Plastic yoghurt, plastic bars where will it stop?

The postman knocks, delivering a parcel
A plastic bag torn open in my haste
Reveals a shirt in plastic film with plastic clips
A plastic home for plastic waste

For now the avalanche is halted
I don my clothes of finest silk and cotton
And for an hour the plastic mountain rolls
Not here, not now, but not forgotten

Michael Madden has worked for many years in the IT industry, as a result of which he has been quoted in publications as prestigious as the New York Times. In 2017, he created Elvis Under The Covers, exploring the legacy of Elvis Presley through the artists who have recorded his most often covered original songs. Originally from Sale
in Cheshire, Michael now lives with his wife Sally in the more peaceful surroundings of Whaley Bridge, in the Peak District.